

# St. Margaret Clitherow's Catholic Primary School

(Part of St. Oswald's Catholic Voluntary Academy)



CATHOLIC VOLUNTARY  
PRIMARY ACADEMY

## Toileting and Intimate Care

July 2016

|                          |                 |
|--------------------------|-----------------|
| <b>Written by:</b>       | Miss McNicholas |
| <b>Review Frequency:</b> | Biennial        |
| <b>Review Date:</b>      | July 2018       |

## **Aims**

All children at St Margaret Clitherow's have the right to be safe and be treated with dignity, respect and privacy at all times so as to enable them to access all aspects of school life.

This policy sets out clear principles and guidelines on supporting intimate care with specific reference to toileting. It should be considered in line with our Safeguarding Policy, Health and Safety Policies and Administering of Medicines policy.

This policy supports the safeguarding and welfare requirements of Early Years Foundation Stage (EYFS) 2012 and the Disability Discrimination Act 2005.

At St Margaret Clitherow's School will ensure that:

- No child's physical, mental or sensory impairment will have an adverse effect on their ability to take part in day to day activities.
- No child with a named condition that affects personal development will be discriminated against.
- No child who is delayed in achieving continence will be refused admission.
- No child will be sent home or have to wait for their parents/carer due to incontinence.
- Adjustments will be made for any child who has delayed incontinence.

## **Intimate Care Tasks**

This covers any task that involves the dressing and undressing, washing including intimate parts, helping someone use the toilet, changing nappies or carrying out a procedure that requires direct or indirect contact to an intimate personal area.

## **Partnership with Parents/Carers**

Staff/Key Workers at St Margaret Clitherow's School will work in partnership with parents/carers to provide care appropriate to the needs of the individual child and together will produce a care plan. The care plan will set out:

- What care is required
- Number of staff needed to carry out the task (if more than one person is required, reason will be documented)
- Additional equipment required
- Child's preferred means of communication (e.g. visual, verbal). Agree terminology for parts of the body and bodily functions
- Child's level of ability i.e. what tasks they are able to do by themselves
- Acknowledge and respect for any cultural or religious sensitivities related to aspects of intimate care
- Be regularly monitored and reviewed in accordance with the child's development

Parents/Carers are asked to supply the following:

- Spare nappies
- Wipes, creams, nappy sacks etc

- Spare Clothes
- Spare underwear

### **Dealing with body fluids**

Urine, faeces, blood and vomit will be cleaned up immediately and disposed of safely by staff. When dealing with body fluids, staff will wear protective clothing (disposal plastic gloves and aprons) and will wash themselves thoroughly afterwards. – staff will not rinse it. Children will be kept away from the affected area until the incident has been completely dealt with.

All staff at St Margaret Clitherow's will maintain high standards of personal hygiene, and will take all practicable steps to prevent and control the spread of infection.

### **Best Practice**

When intimate care is given, the member of staff will always explain fully each task that is carried out and the reason for it. Staff will always encourage children to do as much for themselves as they can, lots of praise and encouragement will be given to the child when they achieve. All staff working at St Margaret Clitherow's School have been DBS checked. Particular staff members will be identified to change a child with known needs and they will plan and record their work with that child.

### **Safeguarding**

All Staff at St Margaret Clitherow's School receive annual training on the safeguarding of children. If a member of staff is concerned about the welfare of any pupil in our care they will inform one of the Safeguarding Designated Officers (SDO) immediately. The Safeguarding Policy will then be implemented.

Should a child become unhappy about being cared for by a particular member of staff, the SDO or Early Years Leader will look into the situation and record any findings. These will be discussed with the child's parents/carers in order to resolve the problem. If necessary the SDO or Early Years Leader will seek advice from other agencies. If a child makes an allegation against a member of staff, the procedure set out in the Safeguarding Policy will be followed.

This policy aims to manage risks associated with toileting and intimate care needs and ensures that employees do not work outside the remit of their responsibilities set out in this policy.